**Recreational Program Frequently Asked Questions**

**Q. When is the next Recreational Session?**   
A. Winter 2018/2019 CRU has teamed up with Northern Lights Soccer Club to be able to provide a partnered winter recreational option at Adrenaline Sport Complex. The link to register is here: <https://www.arsports.org/page/show/721630-winter-rec-program>  
  
A. The following Outdoor Session will be May-July. Registration will open on Monday, January 14. Registration will close April 22, 2019.   
  
**Q. Do I have to be a resident of Coon Rapids?**  
A. No, Coon Rapids United is home to soccer for Coon Rapids **and** all surrounding areas.   
  
***Q. What age does my child need to be to play recreational soccer?***  
A. Born on or before Jan 1, 2015.  
  
**Q**. **When** **will I receive my player's team** **assignment**?  
A. Teams will be hoped to be allocated 1 week prior to the Season, this depends on registration numbers and response of volunteer coaches prior to this time. Schedules will be sent shortly thereafter, if not at the same time.   
  
**Q. What age and level should my child play?**   
A.  Click for the following link for age group guidelines: <https://www.mnyouthsoccer.org/birth-year-chart>.

CR United follows Minnesota Youth Soccer Association rules and guidelines. The website registration is automatically set to only allow appropriate age(or available play up) divisions available for registration.

**Q. Where are games played?**  
A. Recreational games are at the soccer complex 1821 111th Street, Coon Rapids. Please note Fall 2018 will entail construction and closings on Hanson Boulevard - please see the city website for alternate routes when closures are occurring. In event of unavailability there may be 1 or 2 sessions held at Moor Park in Coon Rapids.

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| Address: | 1821 111th Ave. NW[​](http://maps.google.com/maps?q=1821+111th+Ave%2E+NW++,Coon+Rapids,MN+55433) |
| City: | Coon Rapids, MN |
| Comments: | CR Soccer Complex 1a, 1b, 1c, 1d |
|  | [Google Map Link](https://www.google.com/maps/place/Coon+Rapids+Soccer+Association/@45.1739697,-93.3123913,17z/data=!3m1!4b1!4m5!3m4!1s0x52b33b63d015f775:0xcef92bd263c00508!8m2!3d45.1739659!4d-93.3102026) |
| Directions: | From the South: Take MN 252 North to MN 610 East to East River Road exit turn Left onto East River Road. East River Road turns into Coon Rapids Blvd. Take Coon Rapids Blvd to Hanson Blvd turn Right onto Hanson Blvd. Take Hanson Blvd to 111th Ave NW turn Right onto 111th Ave. Complex will be on the Left side approx .4 miles. Field 1 is the first field on the right. OR Take US 10 Hwy West to Hanson Blvd turn left onto Hanson Blvd. Take Hanson Blvd to 111th Ave. NW turn left onto 111th. Complex will be on the left side approx. .4 miles. Field 1 is the first field on the right. From the North: Take US 10 Hwy East to Hanson Blvd turn right onto Hanson Blvd. Take Hanson Blvd to 111th Ave turn Left onto 111th. The Complex is on your Left side approx. .4 miles. Field 1 is the first field on the right. |

**Q. How often do teams play and practice?**   
A. Teams will have a combination of games and/or practices 2 nights a week.  
  
**Q. What nights/time is the Spring/Summer Season tentatively set to have each age group? Next session at CR Complex fields will start May 2019. Tentative playing nights will be updated in January.**

**Q. Who are the coaches?**

A. CRU coaches are volunteers. However, all coaches and players are monitored by the full-time Director of Coaching and Player Development (DOC). The DOC ensures that coaches are teaching your children the correct information and in an age appropriate manner. CRU is dedicated to the improvement of its players, coaches and teams.  If you are interested in becoming a coach please contact the Rec Director.   
  
**Q. Why do I receive emails about signing up to volunteer?**   
A. CRU is a fully volunteer based program. The club is able to keep costs down compared to other nearby clubs because we require our members to volunteer a small amount of time. If volunteer’s spots are not fulfilled increased fees to continue the program may have to be reviewed.   
  
**Q. What is the requirement for volunteer time each Season?**   
A. The required volunteer commitment is 2 hours per Season per Recreational player.   
  
**Q. What type of volunteer options are there to fulfill the volunteer requirement?**   
A. We have many volunteer options such as working concessions stands, helping with numerous tournaments, assisting with Rec End of Year Celebration, becoming a committee member(i.e. assist in registration questions, team formation, schedules) etc. Volunteer options will be emailed out as they come available by the Volunteer Director. CR United uses signupgenius.com for volunteer scheduling.   
  
**Q. I am not familiar with the sport of soccer, where can I learn more?**A. The best place to learn about soccer is by watching games.  To access [**Basic Soccer Terms for parents click here.**](http://www.kids-sports-activities.com/basic-rules-of-soccer.html)  
  
**Q. What equipment does my player need?**  
A. Jersey (Club provided), Athletic shorts (or pants for chilly evenings), Shin guards, Soccer Cleats, Soccer socks, Ball (see below for sizing), Filled water bottle each Session.      
RECOMMENDED TO HAVE IN A BAG: Bug Spray (we all know how MN weather can change the bug situation), sweatshirt or athletic long sleeve for chilly evenings (TO BE WORN UNDER JERSEY).   
  
**Q. What size ball should my player have?**  
A. Minis - Size 3  
 5/6U - Size 3  
 7/8U - Size 4  
 9/10U - Size 4  
 11/12/13U - Size 4  
 14-19U - Size 5  
  
**MORE QUESTIONS?** Please contact our REC Program Director, Jenni Gallipo @ recreational@crsoccer.org